



## RIVER VALLEY SCHOOL DISTRICT Student Travel

### Student Travel Guideline

Given the COVID-19 pandemic, students should consider the safety risks of travel. The River Valley School District requires parents to report absences to the school and encourages families to share information about family travel.

Students should take the following precautions when they **travel out of state**, but within the United States:

- Wear a mask.
- Social distance whenever possible.
- Wash hands often following CDC guidelines.
- Log events and people involved when possible (if asked later this is helpful).

Upon return to the area, please monitor for all COVID symptoms (not all inclusive):

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If you notice any of these symptoms, please follow the district's stay at home guidance.

Students should take the following precautions when they **travel out of the country or take a cruise**:

- For 14 days after travel:
  - Quarantine at home or in a comparable location (such as a hotel room) to the extent possible
  - Avoid contact with [people at higher risk for severe illness](#)
- Consider [getting tested](#) for COVID-19.